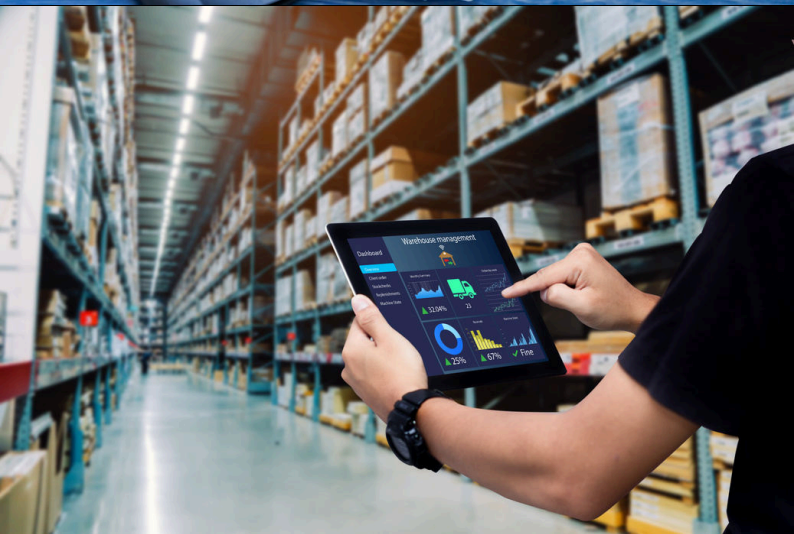


ANTECEDENTS OF SPIRITUALITY MANAGEMENT

ON THE WORKING OF NEW PRIVATE SECTOR BANKS IN INDIA



DR. GURPREET KAUR

**Antecedents of Spirituality
Management on the Working of
New Private Sector Banks in India**



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**Antecedents of Spirituality
Management on the Working of
New Private Sector Banks in India**

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Preface

In a time when private sector banks are under tremendous pressure to perform and reach strict goals, the emphasis on earnings frequently takes precedence over the overall welfare of staff members. By providing a route to harmony, personal development, and job happiness, the concept of "Spirituality Management" brings a novel element to the workplace. The book *Antecedents of Spirituality Management on the Working of New Private Sector Banks in India* explores the ways in which workplace spirituality affects organisational performance and productivity in addition to employee happiness on an individual basis.

By highlighting the importance of spiritual intelligence, stress management, job happiness, and work-life balance, this study seeks to close the gap between workplace spirituality and organisational behaviour. This book offers a thorough grasp of how private sector banks might promote a spiritually enriched work environment through a wealth of literature, empirical research, and real-world experiences. For managers and staff looking to promote harmony, efficiency, and contentment, the study also has useful ramifications.

The results of this study show how businesses may establish work cultures where people flourish both professionally and personally in the cutthroat banking industry of today. We hope that our effort will encourage dialogue, foster empathy, and result in constructive change in the private banking industry in India.

Acknowledgement

Many hours of study, teamwork, and assistance from people whose contributions we much value have culminated in this book. Above all, we would want to express our gratitude to our academic advisers and mentors, whose knowledge and direction have been crucial to this research process. Their advice and support influenced our direction and inspired us to investigate fresh angles in the developing subject of spirituality management.

We would like to express our gratitude to the banking staff and experts who kindly took part in our study. The basic information that has made this book rich and current was supplied by their frank answers, experiences, and thoughts. Our appreciation also extends to the institutions that supported our research and gave us a better understanding of the reality of workplace spirituality.

Lastly, we would like to express our gratitude to our friends, family, and coworkers for their unwavering understanding, patience, and support. This effort was completed in large part because of their support. By offering fresh perspectives on the advantages of incorporating spirituality into the workplace, we believe that this book will make a significant contribution to the fields of academia and the workplace.

Dr. Gurpreet Kaur

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ABOUT THE BOOK

This book explores the function of spirituality management, a novel idea that aims to incorporate spiritual intelligence with business procedures, in the operations of recently established private sector banks in India. It starts with an overview of how spirituality affects the workplace before delving deeply into work-life balance, job happiness, and workplace spirituality. The book examines relationships between spirituality and important professional indicators including stress management and job satisfaction by outlining our study approach and analysing data collected from banking professionals. Scholars, managers, and professionals interested in creating spiritually supportive work cultures in the financial industry are the target audience for this work.



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